

Ps 90 (Nouveau)  
RHK.

## LENT PREFACE

I have, in previous years, used as an introduction to these Midday Prayers during Lent, different <sup>musical</sup> versions of Ps 90 (or 91 if you follow the Hebrew and Authorised Version numbering). This year, as you may notice, I've found a new one - it's by Mateo Romero, who died March 1647, sung by choir of <sup>Abbey in Spain</sup> Nouvion.

Ps 90 is not, perhaps, the best theme-psalm for Lent: there are many other ones which you might find more suitable or congenial for this time, and especially for the end of this season, i.e. passiontime. But for a long time the Church has used Ps 90, and various verses from it, as responsories and refrains in the liturgy & prayer of this season, notably in this first week of Lent. The reason for this I'll come to later: the psalm itself though is, for many people, one of the most consoling of all the psalms - a little wonder. Some weeks ago I used it as the starting point for what I wanted to say in these few minutes at midday; today I draw your attention again to this Ps, and its assurance (given in several quaintly assorted images) that no matter what the danger is, we have only to ask in prayer: God is waiting, longing, to be asked.

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